



MY GYM PREMIUM Tsuen Wan Class Schedule

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MY GYM	MON	TUE	WED	THUR	FRI	SAT	SUN
7 - 13 months TINY TYKES		11:15 - 12:00				10:00 - 10:45	14:30 - 15:15
14 - 22 months WADDLERS	10:20 - 11:20 14:30 - 15:30	10:00 - 11:00	11:15 - 12:15 14:00 - 15:00	10:15 - 11:15 14:00 - 15:00	10:00 - 11:00 11:15 - 12:15 16:15 - 17:15	16:00 - 17:00	10:15 - 11:15 11:30 - 12:30 16:30 - 17:30
23 months - 3 years TERRIFIC TOTS	11:30 - 12:30 15:45 - 16:45	14:00 - 15:00 16:30 - 17:30	10:00 - 11:00	11:30 - 12:30 15:15 - 16:15	13:45 - 14:45	11:00 - 12:00 12:15 - 13:15 14:45 - 15:45	12:45 - 13:45 17:30 - 18:30
3 - 4.5 years MIGHTY MITES		15:15 - 16:15	16:30 - 17:30		17:30 - 18:30	17:15 - 18:15	15:30 - 16:30
4.5 - 6 years WHIZ KIDS	17:00 - 18:00		15:15 - 16:15 17:30 - 18:30	16:30 - 17:30	15:00 - 16:00	13:30 - 14:30	
6 - 10 years NINJA				17:35 - 18:35			

TAEKWONDO	MON	TUE	WED	THUR	FRI	SAT	SUN
3 - 5 years Little Tiger			11:30 - 12:15 16:00 - 16:45				
6 - 10 years Kid Class		Opening Soon (Minimum 4 Students)					

FENCING	MON	TUE	WED	THUR	FRI	SAT	SUN
3 - 4 years						17:00 - 18:00	
5 - 6 years							
7 - 8 years							